



# Margaret River New Moon Retreat

14 -17 May 2021

Margaret River Retreat  
Information and Itinerary





# Welcome

Thank you for registering your interest the New Moon Retreat hosted by Soft Yoga Perth.

This is going to be a magical weekend of going inwards, finding quiet and befriending ourselves in nature.

This retreat falls on the Aries New Moon, and is the perfect time for nurturing your soul.

With accommodation to suit your needs, delicious food, some great activities and of course lots of Yoga, this is the perfect time to rest and recharge as we head into the final new moon before winter.

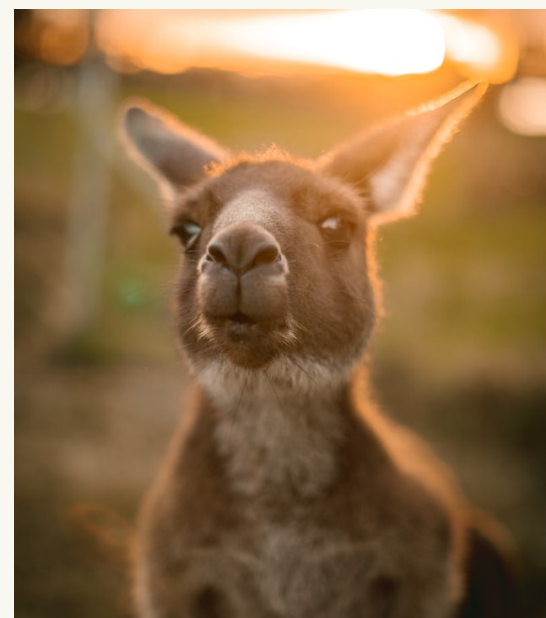
# The Location

Nestled amongst Karri trees, Margaret River Retreat has been an important meeting place, since the 1980s. The privately-owned farm forms part of a natural wildlife corridor through the South-West. With an emphasis on the connection to place, community, culture, family and friends, Margaret River Retreat is the perfect sanctuary to reset.

Whilst on Warandi Country, listen to the sweet sounds of birds, watch kangaroos and emus as they graze, see frogs, marsupials and other special species as you take in all that this pristine region has to offer.

The Deluxe Belle Tent village is situated under the stars, and makes for a sacred resting place throughout the Retreat.

After filling your body and soul with heartwarming activities and lovingly made vegetarian food, rug up in your powered deluxe belle tent, with the fire crackling, hotel quality and sustainably sourced linen in your Queen bed, where you will find peace and a soft reset.





# Itinerary

Your four days of magic will look like:

## **Friday 14th of May 2021:**

2:00pm: Arrive and settle into accommodation

4:00pm: Welcome to Country by a Warandi Boodja Custodian

4:30pm: Opening Ceremony and intention setting under the micro new moon

6:30pm: Delicious Feast and chats

After dinner, we retire early to rest for the next full day of soulful goodness.

## **Saturday 15th of May 2021:**

7:00am: Start your day with a Soft flow and Breathwork

8:30am: Breakfast

Free time and massages

12:00pm: Lunch

Free time and massages

4:00pm: Magestic cave experience

7:00pm: Dinner

8:30pm: Restorative Practise

Retire for the evening

## **Sunday 16th of May 2021:**

7:00am: Soft Flow and Sound Bath

8:30am: Breakfast

9:30am: Bushwalk

Free time and massages

12:00pm: Lunch

2:00pm: Clay work and journaling session

5:00pm: Yin

6:30pm: Dinner

8:00pm: Cacao and closing celebration

Retire and enjoy your final night's rest

## **Monday 17th of May 2021:**

7am: Soft Flow

8:30am Breakfast

10:00am: Departure

\*May be subject to change







## Accommodation Options

Depending on how you wish to travel, we have two accommodation options available.

Both options include:

- A powered Deluxe Belle Tent for a luxurious glamping experience
- A Queen Bed draped in beautiful linen and blankies galore
- An in-tent fire to keep you nice and cozy
- Delicious and nutritious meals made fresh every day
- All activities including a cave experience, sound healing, craft circle and bushwalk
- Opening and closing ceremonies
- Yoga and other magical practises
- A rejuvenating massage

**Twin Share: \$1250**

**Single: \$1360**



# We can't wait to share this special time with you...

To secure your place, a non-refundable \$500 deposit is required, and the balance is to be paid seven days prior to the commencement of the Retreat.

To book, head to our website,

[CLICK HERE](#)

Payment terms are available on request; please just contact us.

